

Level 3 Physical Education - Programme of Learning 2025

Overview: Ākonga will develop their understanding around socio-cultural influences on issues relating to physical education and examine different perspectives by questioning and challenging assumptions. They will gain an understanding of issues relating to physical activity, explore leadership principles, evaluate physical activities in their life to devise strategies for life-long wellbeing and analyse a physical skill. The practical component requires ākonga to perform activities to nationally developed performance standards and students will have the choice of 2-3 contexts. The key competencies and the Rangi Graduate dispositions and values are embedded in all learning activities.

This course may include trips/activities that are charged to the ākonga's account.

Achievement Standard Number	Subject reference	Version number	Topic/Title	Mode of Assessment	Credits	Topic framework
91498	3.1	2	Evaluate physical activity experiences to devise strategies for lifelong well-being	Internal	4 UE Literacy	Terms 3 & 4
91499	3.2	3	Analyse a physical skill performed by self or others	Internal	3	Term 2
91501	3.4	2	Demonstrate quality performance of a physical activity in an applied setting	Internal	4	Terms 2 & 3
91502	3.5	2	Examine a current physical activity event or trend or issue impacting on New Zealand society	Internal	4 UE Literacy	Term 1
91505	3.8	2	Examine contemporary leadership principles applied in physical activity contexts	Internal	4 UE Literacy	Terms 2 & 3

What qualification credits can be gained?

There is the opportunity to gain a total of **19** credits in Physical Education towards Level 3 NCEA. Grades for each achievement standard include Achieved, Achieved with Merit and Achieved with Excellence. The grade awarded is determined by the quality and depth of the work as measured against national standards. All assessments will be submitted through Assignments on Teams.